

**Youth Vaping Alternative Program Education (YVAPE)
Passive Consent to Participate in this Program
Opt Out Form**

Who is offering the program? Shu-Hong Zhu, PhD, and associates at UC San Diego are offering YVAPE to help students who were caught using nicotine and/or marijuana at school.

What will happen to me in this program?

1. **Initial Call** – a YVAPE coach will talk with you about nicotine and/or marijuana (15-20 mins).
2. **Videos & Discussion** – watch a series of online videos and talk with your parent or guardian (if you are 12-17 years old) or YVAPE coach about them (30-45 mins)
3. **Follow-up Call** – a YVAPE coach will talk with you about the videos (5-10 mins)

You will receive calls, emails, and texts from YVAPE. Depending on your phone plan, there may be a cost to receive text messages. To stop getting texts at any time, just reply STOP. If we cannot reach you for your coaching call, we may try calling your parent's or guardian's phone (if you are 12-17 years old).

All calls are audio recorded for quality assurance. Access is restricted to those that have a job related need to listen to the recordings. Recordings are automatically deleted after one year, but with students' consent a small number of calls may be retained for training purposes.

What risks are associated with this program?

- You may feel some discomfort talking about your experiences with nicotine and/or marijuana.
- Although we remove any information that could identify you before we analyze data and we follow procedures to securely store and handle all sensitive information, there is possible loss of privacy if someone were to break into the database.

What benefits can I expect? You might benefit from the following:

- Participation may prevent you from being suspended from school or meet your school's restorative justice efforts.
- You may learn about the harms of nicotine and/or marijuana.
- YVAPE is not a cessation service, but if you want to quit using nicotine and/or marijuana, the program can provide you a referral.

Can I quit the program after I start? Participation in this program is entirely voluntary. You may withdraw at any time. If you choose not to participate, your school might follow its standard practices for students caught using nicotine and/or marijuana at school.

Will you keep my records confidential? Records will be kept confidential to the extent allowed by law. School staff will not be informed of what was discussed with your YVAPE coach. However, YVAPE will inform the school of your completion status.

Participation

If you do not return this form, you agree to participate. Upon enrollment, you and your parent or guardian (if you are 12-17 years old) will receive an email with more details regarding participation.

If you do not want to participate in YVAPE, please sign and complete the information below and return to your school as soon as possible.

Student's Full Name

Parent/Guardian's Full Name – *if student is 12-17 years old*

Student's Signature

Parent/Guardian's Signature – *if student is 12-17 years old*

Student's Email Address

Parent/Guardian's Email Address – *if student is 12-17 years old*

Student's Phone Number

Date

Parent/Guardian's Phone Number

Date

Student's Date of Birth

School Name

Contact yvape-support@health.ucsd.edu for any YVAPE related questions.